

# Continence Products

Community  
order codes



*Leading the way in **continence care***






A healthcare professional in blue scrubs is sitting on a couch, facing an elderly woman. The woman is wearing a yellow top and an orange scarf, and she is smiling. The healthcare professional is holding a clipboard and a pen. The background shows a window with a view of greenery and a teal cabinet.

## Who are LINC?

LINC Medical is a UK based, family owned continence product supplier. Because of our size and understanding of UK healthcare needs, we rapidly innovate to bring life changing products to patients and healthcare professionals.

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# Why use a LINC catheter?



## Specialist Catheter Tip Designs

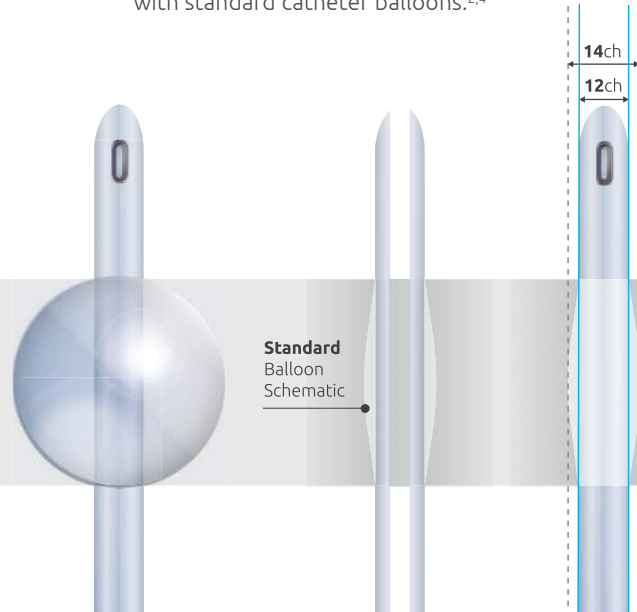
Patients experience different catheter-related problems such as blockages, spasms and recurrent infection. Our unique catheter designs allow you to apply individualised patient care, choosing the right catheter tip to suit the patient.



## Integral Balloon Technology

The LINC catheter balloon is integral to the wall of the catheter. This reduces the pain and trauma associated with balloon cuffing upon removal which can occur with standard catheter balloons.<sup>2,4</sup>

### Standard Catheter

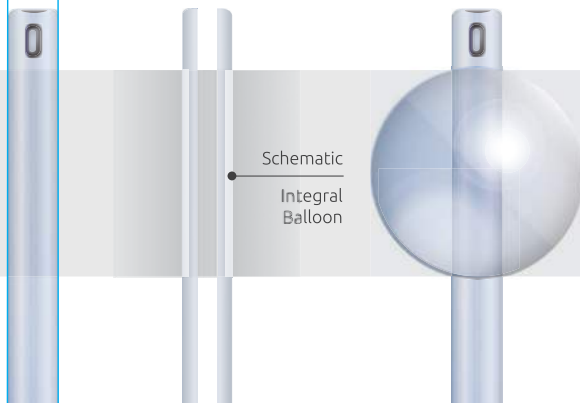




### 100% Medical Grade, Biocompatible Silicone (Latex free)

Silicone catheters provide double the drainage compared to the equivalent sized latex catheters.<sup>4,6</sup> This helps to prevent blockages and ensure excellent, continuous drainage.<sup>4,7</sup>

12ch



### Scientifically Validated Inflation Solution

LINC catheters are supplied with a pre-filled syringe of 5% glycerine solution that is proven to reduce premature balloon deflation. This solution equalises the osmotic pressure between the balloon and urine and helps the catheter to stay in situ for the maximum recommended time.<sup>4,8</sup>

## LINC Catheter

# Optitip

## Small changes make big differences

The Optitip catheter has been designed with a balloon that is closer to the tip. This prevents damage to the bladder mucosa that can result from standard catheter tips which may suck against the bladder wall. An eyelet has been added below the balloon to drain residual urine.



Includes syringe of Gel Lubricant (with lidocaine and chlorhexidine)



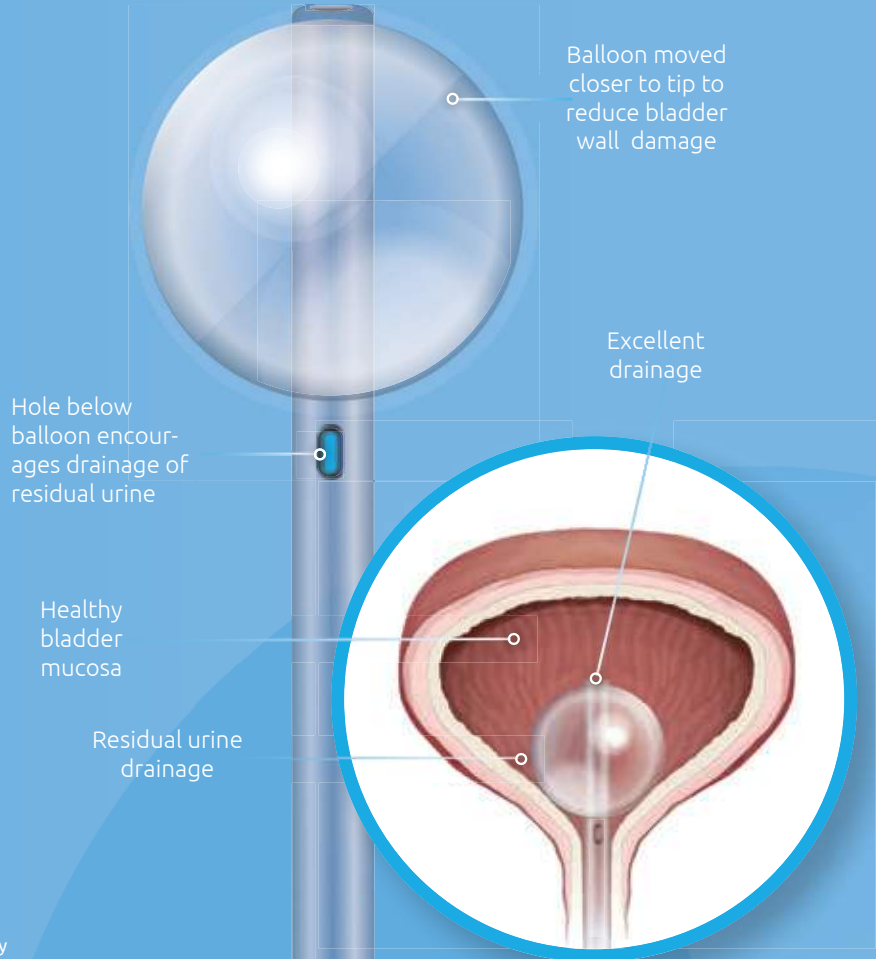
100% Silicone



Integral Balloon



Two Way



*"I no longer have bladder pains from pointed catheter tips and therefore have no catheter induced spasms of bladder, legs or bowels."*



## ADULT CODES

| CH     | Product Code | Description          | Balloon | PIP code |
|--------|--------------|----------------------|---------|----------|
| ○ 12CH | 1007UB12OT   | 40cm Standard Length | 5ml     | 4045910  |
| ● 14CH | 1007UB14OT   | 40cm Standard Length | 5ml     | 4045928  |
| ● 16CH | 1007UB16OT   | 40cm Standard Length | 5-10ml  | 4045936  |
| ● 18CH | 1007UB18OT   | 40cm Standard Length | 5-10ml  | 4045944  |
| ○ 12CH | 1007UBF12OT  | 28cm Female Length   | 5ml     | 4045951  |
| ● 14CH | 1007UBF14OT  | 28cm Female Length   | 5ml     | 4045969  |
| ● 16CH | 1007UBF16OT  | 28cm Female Length   | 5-10ml  | 4045977  |
| ● 18CH | 1007UBF18OT  | 28cm Female Length   | 5-10ml  | 4045985  |

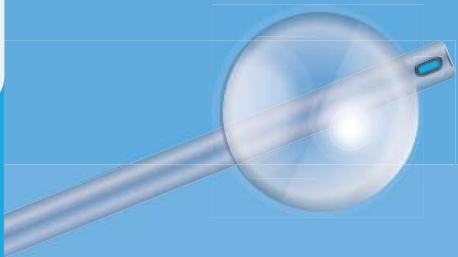


## PAEDIATRIC CODES

| CH     | Product Code | Description     | Balloon | PIP code |
|--------|--------------|-----------------|---------|----------|
| ● 8CH  | 1007UBS08OT  | Paediatric 33cm | 3ml     | 4045894  |
| ● 10CH | 1007UBS10OT  | Paediatric 33cm | 3ml     | 4045902  |

**Patient**  
Frimley Park, Surrey

# Open Tip



The open tipped catheter provides excellent drainage with both an open-ended tip and two drainage holes above the balloon.



Includes **free** syringe of Lubricant (with lidocaine and chlorhexidine)



100% Silicone



Integral Balloon



Two Way



## ADULT CODES

| CH     | Product Code | Description          | Balloon | PIP code |
|--------|--------------|----------------------|---------|----------|
| ○ 12CH | 08451205G    | 40cm Standard Length | 5ml     | 3834066  |
| ● 14CH | 08451405G    | 40cm Standard Length | 5ml     | 3834074  |
| ● 16CH | 08451610G    | 40cm Standard Length | 5-10ml  | 3834082  |
| ● 18CH | 08451810G    | 40cm Standard Length | 5-10ml  | 3834090  |
| ● 20CH | 08452010G    | 40cm Standard Length | 5-10ml  | 3834108  |
| ● 22CH | 08452210G    | 40cm Standard Length | 5-10ml  | 3834116  |
| ● 24CH | 08452410G    | 40cm Standard Length | 5-10ml  | 3834124  |
| ○ 12CH | 08471205G    | 28cm Female Length   | 5ml     | 3834132  |
| ● 14CH | 08471405G    | 28cm Female Length   | 5ml     | 3834140  |
| ● 16CH | 08471610G    | 28cm Female Length   | 5-10ml  | 3834157  |
| ● 18CH | 08471810G    | 28cm Female Length   | 5-10ml  | 3834165  |
| ● 20CH | 08472010G    | 28cm Female Length   | 5-10ml  | 3834173  |

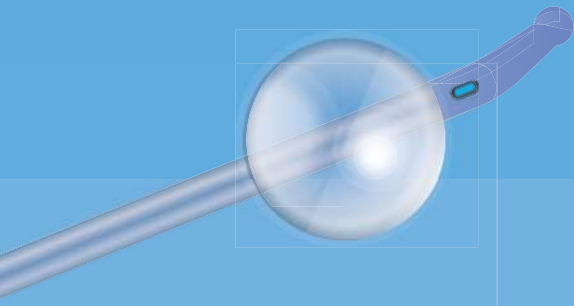


## PAEDIATRIC CODES

| CH     | Product Code | Description     | Balloon | PIP code |
|--------|--------------|-----------------|---------|----------|
| ● 8CH  | 08470803G    | Paediatric 28cm | 3ml     | 3833910  |
| ● 10CH | 08471003G    | Paediatric 28cm | 3ml     | 3833928  |



# Tiemann Tip



The tiemann tip catheter has a unique shape that allows easier insertion in patients who have an enlarged prostate or urethral stricture.



Includes **free** syringe of Lubricant  
(with lidocaine and chlorhexidine)



100% Silicone



Integral Balloon



Two Way

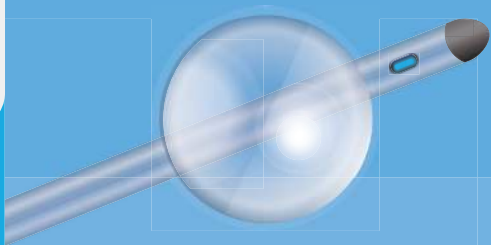


## ADULT CODES

| CH     | Product Code | Description          | Balloon | PIP code |
|--------|--------------|----------------------|---------|----------|
| ○ 12CH | 1011UB12     | 40cm Standard Length | 5ml     | 3945193  |
| ● 14CH | 1011UB14     | 40cm Standard Length | 5ml     | 3886777  |
| ● 16CH | 1011UB16     | 40cm Standard Length | 5-10ml  | 3886751  |
| ● 18CH | 1011UB18     | 40cm Standard Length | 5-10ml  | 3886769  |



# Round Tip



The LINC Round Tip is a bullet shaped catheter designed for easy insertion.



Includes **free** syringe of Lubricant (with lidocaine and chlorhexidine)



100% Silicone



Integral Balloon\*



Two Way

*\*Feature not applicable to 6CH paediatric Round Tip catheters*



## ADULT CODES

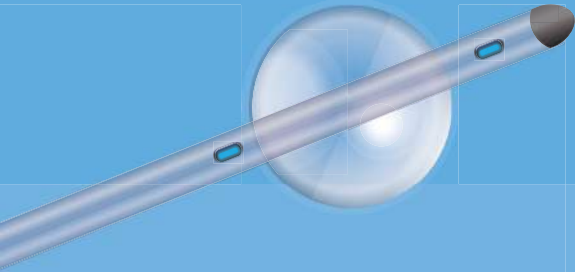
| CH     | Product Code  | Description          | Balloon | PIP code |
|--------|---------------|----------------------|---------|----------|
| ○ 12CH | 08501205G     | 40cm Standard Length | 5ml     | 3834280  |
| ● 14CH | 08501405G     | 40cm Standard Length | 5ml     | 3834298  |
| ● 14CH | 08501410-OTG  | 40cm Standard Length | 10ml    | 4137311  |
| ● 16CH | 08501610G     | 40cm Standard Length | 5-10ml  | 3834306  |
| ● 18CH | 08501810G     | 40cm Standard Length | 5-10ml  | 3834314  |
| ● 12CH | 085012051G    | 33cm Female Length   | 5ml     | 3834322  |
| ● 14CH | 085014051G    | 33cm Female Length   | 5ml     | 3834330  |
| ● 14CH | 08501410F-OTG | 33cm Female Length   | 10ml    | 4137329  |
| ○ 16CH | 085016101G    | 33cm Female Length   | 5-10ml  | 3834348  |
| ○ 14CH | 08501430      | 40cm Standard Length | 20ml    | 2828325  |
| ● 16CH | 08501630      | 40cm Standard Length | 30ml    | 2828333  |



## PAEDIATRIC CODES

| CH     | Product Code | Description     | Balloon | PIP code | Stylet     |
|--------|--------------|-----------------|---------|----------|------------|
| ● 6CH  | 08500601G    | Paediatric 33cm | 1.5ml   | 3834256  | Non-Stylet |
| ● 6CH  | 08500601SG   | Paediatric 33cm | 1.5ml   | 4012472  | Stylet     |
| ● 8CH  | 08500803G    | Paediatric 33cm | 3ml     | 3834264  | Non-Stylet |
| ● 8CH  | 08500803SG   | Paediatric 33cm | 3ml     | 4012480  | Stylet     |
| ● 10CH | 08501003G    | Paediatric 33cm | 3ml     | 3834272  | Non-Stylet |
| ● 10CH | 08501003SG   | Paediatric 33cm | 3ml     | 4012498  | Stylet     |

# Xtra Round Tip



The LINC Round Tip Xtra utilises our standard round tip technology for easy insertion and adds a drainage hole below the balloon to aid residual urine drainage.



Includes **free** syringe of lubricant  
(with lidocaine and chlorhexidine)

- 100% Silicone
- Integral Balloon
- Two Way



## ADULT CODES

| CH     | Product Code | Description          | Balloon | PIP code |
|--------|--------------|----------------------|---------|----------|
| ○ 12CH | 1007UB12     | 40cm Standard Length | 5ml     | 4046637  |
| ● 14CH | 1007UB14     | 40cm Standard Length | 5ml     | 4046645  |
| ● 16CH | 1007UB16     | 40cm Standard Length | 5-10ml  | 4046652  |
| ● 18CH | 1007UB18     | 40cm Standard Length | 5-10ml  | 4046660  |
| ○ 12CH | 1007UBF12    | 28cm Female Length   | 5ml     | 4046678  |
| ● 14CH | 1007UBF14    | 28cm Female Length   | 5ml     | 4046686  |
| ● 16CH | 1007UBF16    | 28cm Female Length   | 5-10ml  | 4046694  |
| ● 18CH | 1007UBF18    | 28cm Female Length   | 5-10ml  | 4046702  |



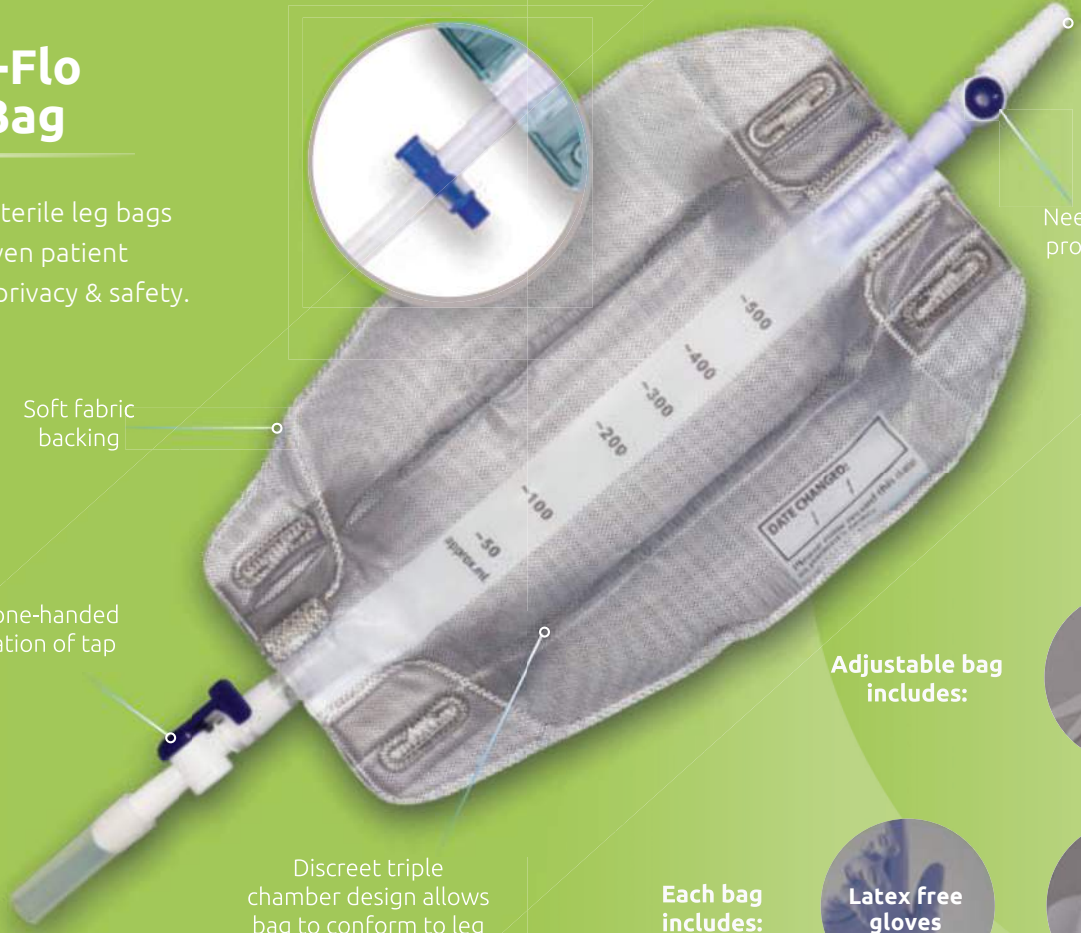
## PAEDIATRIC CODES

| CH     | Product Code | Description     | Balloon | PIP code |
|--------|--------------|-----------------|---------|----------|
| ● 8CH  | 1007UBS08    | Paediatric 33cm | 3ml     | 4046710  |
| ● 10CH | 1007UBS10    | Paediatric 33cm | 3ml     | 4046728  |



# LINC-Flo Leg Bag

LINC-Flo sterile leg bags offer proven patient comfort, privacy & safety.



Soft fabric backing

Easy one-handed operation of tap

Discreet triple chamber design allows bag to conform to leg

Needle free port protects against infection

Adjustable bag includes:

Scissors

Each bag includes:

Latex free gloves

Straps



## ADULT CODES

| Product Code | Capacity | Tube   | Tap   | Box Qty | PIP code |
|--------------|----------|--------|-------|---------|----------|
| LM350SD-T    | 350ml    | Direct | T     | 10      | 3384997  |
| LM350MD-T    | 350ml    | 10cm   | T     | 10      | 3385002  |
| LM500SD-T    | 500ml    | Direct | T     | 10      | 3383726  |
| LM500MD-T    | 500ml    | 10cm   | T     | 10      | 3385036  |
| LM500LD-T    | 500ml    | 30cm   | T     | 10      | 3385044  |
| LM500AD-T    | 500ml    | ADJ    | T     | 10      | 3385051  |
| LM500SD-L    | 500ml    | Direct | Lever | 10      | 3712114  |
| LM500MD-L    | 500ml    | 10cm   | Lever | 10      | 3712213  |
| LM500LD-L    | 500ml    | 30cm   | Lever | 10      | 3783891  |
| LM500AD-L    | 500ml    | ADJ    | Lever | 10      | 3811643  |
| LM750SD-T    | 750ml    | Direct | T     | 10      | 3383692  |
| LM750MD-T    | 750ml    | 10cm   | T     | 10      | 3383700  |
| LM750LD-T    | 750ml    | 30cm   | T     | 10      | 3383718  |
| LM750AD-T    | 750ml    | ADJ    | T     | 10      | 3385085  |
| LM750AD-L    | 750ml    | ADJ    | Lever | 10      | 3834363  |



## LINC-Flo Nephrostomy Leg Bag

A comfortable, fabric backed leg bag with a nephrostomy connector and pair of latex free gloves

|                     |          |
|---------------------|----------|
| <b>Product Code</b> | LM750NDB |
| <b>Capacity</b>     | 750ml    |
| <b>Tap</b>          | T        |
| <b>Box Qty</b>      | 10       |
| <b>PIP code</b>     | 4044103  |



# Panda Bag Paediatric Leg Bag

Panda bags cater to the needs of infants and babies who require urine drainage.

- ✓ Pleasing, child-friendly panda-themed design
- ✓ Available with direct inlet, 10 cm tubes, 30 cm tube and in 150 ml and 250 ml capacities to suit different ages and needs.
- ✓ Soft fabric backing ensures the panda bag is comfortable
- ✓ Needle-free sample port eliminates risk of needlestick injury
- ✓ Each bag is supplied with an elasticated strap and pair of latex free gloves



## PAEDIATRIC CODES

| Product Code | Capacity | Tube   | Tap   | Box Qty | PIP code |
|--------------|----------|--------|-------|---------|----------|
| LM100SD-L    | 100ml    | Direct | Lever | 10      | 4050969  |
| LM100MD-L    | 100ml    | 10cm   | Lever | 10      | 4050993  |
| LM100LD-L    | 100ml    | 30cm   | Lever | 10      | 4051009  |
| LM200SD-L    | 200ml    | Direct | Lever | 10      | 4051017  |
| LM200MD-L    | 200ml    | 10cm   | Lever | 10      | 4050977  |
| LM200LD-L    | 200ml    | 30ml   | Lever | 10      | 4050985  |



# LINC Leg Bag Sleeve

A comfortable,  
discreet and secure  
alternative to straps.



## ADULT CODES

| Product Code   | Description                    | Qty/pack | PIP code |
|----------------|--------------------------------|----------|----------|
| ME350 750S S   | SMALL (leg circum 24-39cm)     | 4        | 4099552  |
| ME350 750S M   | MEDIUM (leg circum 36-55cm)    | 4        | 4099537  |
| ME350 750S L   | LARGE (leg circum 40-70cm)     | 4        | 4099529  |
| ME350 750S XL  | X-LARGE (leg circum 65-95cm)   | 4        | 4099511  |
| ME350 750S XXL | XX-LARGE (leg circum 75-105cm) | 4        | 4099750  |



# LINC-Flo Reusable

LINC-Flo reusable night drainage bags allow problem free drainage to help patients have a good nights' rest.

## TZ02

- Vent
- Non return valve
- Integrated bed hanger

## SLC13

- Non return valve

Long flexible tubing and needle free sample port

Integrated bed hanger

T-tap and lever tap available

SLC13



Each bag includes:

Latex free gloves

| Product Code | Capacity | Tap   | Box Qty | PIP code |
|--------------|----------|-------|---------|----------|
| TZ02         | 2L       | T     | 10      | 3054822  |
| TZ02-L       | 2L       | Lever | 10      | 3720455  |
| SLC13        | 2L       | T     | 10      | 3406071  |
| SLC13-L      | 2L       | Lever | 10      | 3712247  |





## LINC-Flo Single Use 2L and 3L

The LINC-Flo single use night drainage bag provides a clean, safe and easy solution for night urine drainage.

| Product Code | LM2LNS      | LM2LS   | LM3LS   |
|--------------|-------------|---------|---------|
| Description  | Non-sterile | Sterile | Sterile |
| Capacity     | 2L          | 2L      | 3L      |
| Box Qty      | 10          | 10      | 10      |
| PIP code     | 3054780     | 3054806 | 3945201 |



## LINC-Flo Single Use 2L and 3L with T-tap

The T-tap allows for easier emptying and gives patients' choice.

| Product Code | LM2LS-T | LM3LS-T |
|--------------|---------|---------|
| Description  | Sterile | Sterile |
| Capacity     | 2L      | 3L      |
| Box Qty      | 30      | 30      |
| PIP code     | 4131744 | 4131736 |



## FixStrip

A customisable catheter fixation strap

- ✓ 100cm length allows flexibility for patient to choose whether it is applied to the thigh or abdomen
- ✓ Free pair of scissors to cut FixStrip to desired length

| Product Code | Box Qty | PIP code |
|--------------|---------|----------|
| FIXSTRIP     | 4       | 4049938  |

## Care-Flo Catheter Valve

A 'lever tap' valve which securely fits all types of indwelling catheters.

- ✓ Handy lever mechanism makes it easy for patients with poor manual dexterity to initiate voiding.
- ✓ Firm mechanism helps to prevent accidental valve opening
- ✓ Ridged connector ensures a tight fit with all brands of Foley Catheter

| Product Code | Box Qty | PIP code |
|--------------|---------|----------|
| CF1          | 5       | 3441524  |

## (BIK) Bladder Infusion Kit

Allows clinicians to easily administer catheter maintenance solution without the need to disconnect the catheter and drainage bag. Single use.

- ✓ Aseptic technique can be maintained and infection risk can be minimised
- ✓ Clamp for stopping flow to the leg bag
- ✓ Funnel which provides access to needle-free sample port
- ✓ Includes sterile wipes to clean the sample port before use



| Product Code | Box Qty | PIP code |
|--------------|---------|----------|
| MCI/701      | 10      | 3783883  |



## Your catheter and your lifestyle: common questions

### **Can I go swimming with my catheter?**

You can go swimming with either a urethral or suprapubic catheter. Remember in the case of a suprapubic catheter a small incision will have been made, so swimming should be kept until at least a few days after the operation. Make sure the skin around the catheter site has fully healed and shows no signs of infection before getting in the water.

### **Can I have sex with a catheter in place?**

In the case of suprapubic catheters, this is in fact one of the advantages compared to a urethral one in that your genitalia are kept free for sex. Sex is still possible with a urethral catheter but may be more of a challenge.

Women can fold the catheter up to one side of the abdomen and tape it down during sex. Men can fold the catheter along the side of the penis and use a condom to keep in place. If you know how to remove and replace a catheter then this may also be an option after discussion with your doctor or nurse.

Before having sex partners should wash to reduce the chance of infection. To reduce the risk of damage to either the urethra or site on the abdomen rough sex should be avoided.

It is very important to not use a lubricant such as Vaseline

or any other petroleum jelly based lubricant. These lubricants can damage the catheter tubing. Use lots of water-soluble lubricant instead like KY jelly.



## What should I do if...

## CATHETER TROUBLESHOOTING

### 1. My patient has bladder spasms

Spasms can be caused by the pointed catheter tip irritating the bladder wall, an over inflated balloon or over-sized catheter diameter irritating the bladder trigone and over concentrated urine which may irritate the bladder wall.<sup>9</sup>

- Ensure the patient is well hydrated
- Try a smaller sized catheter and/or a catheter with a smaller balloon
- Trying using an Optitip Catheter to reduce bladder wall irritation
- Check that the bag is not pulling on the catheter. Consider using a fixation device such as FixStrip or LockBand.

### 2. My patient experiences trauma and pain upon insertion/removal

Trauma and pain are often caused by cuffing of the catheter balloon once deflated.<sup>2</sup> These issues can make catheter removal problematic in patients who have a suprapubic or urethral catheter.

- Try using a catheter with an integral balloon, which maintains the same diameter of the catheter along the whole length and prevents cuff formation.<sup>3,4</sup>
- Ensure the smallest Charriere catheter possible is used for the patient (not applicable to suprapubic insertion).

### 3. My patient consistently has poorly draining catheters

Poor drainage may be caused by mechanical problems such as kinked tubing and bag positioning, or luminal blockage due to encrustation of the catheter.<sup>10</sup>

- Ensure there are no kinks in the catheter or bag tubing
- Ensure the drainage bag is below the bladder
- Try using a 100% silicone catheter which has a wider drainage lumen and better Flows<sup>1</sup>
- Try using a catheter that is designed For high drainage, such as the LINC Open Tip.

## What should I do if...

### 4. My patient is bypassing

Bypassing may result from mechanical blockage (problem 3) and irritation of the bladder trigone (problem 1).

Another reason may be the kinking of the catheter around the eyelets due to abdominal pressure.<sup>9</sup>

- Try the Optitip catheter which has minimal, open tipped design to prevent kinking at the eyelets.
- Follow the advice from problems 1 and 3.

### 5. My patient is suffering from recurring UTI's

Having a long-term urinary catheter increases the risk of developing urinary tract infections (UTIs). There may be several causes of UTIs such as poor hygiene, a weakened bladder wall due to catheter tip irritation or an infected sump of residual urine.

- Ensure the patient is following correct hygiene practice, remains hydrated, consumes a high fibre diet and regularly checks there are no kinks in the catheter.
- Consider switching the patient to a catheter that helps to drain residual urine and protects the bladder wall from damage such as the Optitip.

### 6. My Patient's catheter regularly falls out

Catheters may fall out when balloons gradually deflate as fluid leaves the balloon due to differences in osmotic pressure between the inflation solution and the urine.<sup>4</sup>

- Try using an Osmotically balanced inflation solution such as the 5% glycerine solution supplied with LINC Medical Catheters which helps to maintain balloon inflation for the duration of catheterisation.<sup>11</sup>



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Family  
run



Rapid  
innovation



British  
Company



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